Fiscal Year 2023

(7/1/22-6/30/23)

DeKalb County Report

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Community Mental Health Center

Northeastern Center, Inc.

Northeastern Center contact:

Steve Howell, Chief Executive Officer

(260) 347-2453

steve.howell@nec.org

Current representation from DeKalb County on the Northeastern Center Board of Directors:

Joe Heins

Katie Pfister

ClaraMary Winebrenner

Max Franklin (At-Large)



Consumers Served in State Fiscal Year 2023 Who Resided in DeKalb County

DEKALB	Adults	Youth	Total
Total served (including mental health, Substance Use Disorder, primary care, workforce services, etc.)	927	279	1206
Total served for mental health treatment (unduplicated)	587	269	856
Total served for Substance Use Disorder treatment (unduplicated)	132	0	132
Total served for both Mental and Substance Use Disorder Services	208	10	218

DEKALB COUNTY INSURANCE/PAYOR SOURCE



CONTRACTUAL WRITE-OFFS/CHARITY CARE (7/1/22 - 6/30/23)

DeKalb: (7/1/22 - 6/30/23)

Client Assistance*: 582,439

Bad Debt: 87,840

Contractual Services: 1,528,583

Total: \$2,198,862

^{*}Northeastern Center offers fee assistance to clients based on family income.

COMMUNITY OUTREACH - DEKALB COUNTY

24-Hour Crisis Line Number: (800) 790-0118

Northeastern Center Emergency Services received approximately 2,258 calls in FY23 with approximately 483 calls from DeKalb County.

Community Outreach Activities

- 1. 24/7 access to services through the Northeastern Center crisis line
- 2. An "Open Intake" model which eliminates capacity constraints and wait time
- 3. Availability to provide intakes at no cost to individuals
- 4. Willingness to accept individuals into treatment regardless of their current stage of change
- 5. Provide information to individuals and families anonymously via agency website, phone, or inperson
- 6. Collaboration with the medical community and other community partners on disease education, prevention, and treatment
- 7. Crisis response to schools as needed (e.g., suicides, death, other potentially traumatic events)

Community Meeting Representation

- 1. Child Protection Team Meetings- Monthly
- 2. Drug-Free DeKalb Meetings- Monthly
- 3. DeKalb Probation Meetings- Monthly
- 4. Community Corrections meetings- Monthly
- 5. Cultural Competency Meetings- Monthly
- 6. Domestic Violence Task Force Monthly
- 7. Interagency Meeting Monthly
- 8. CIT Steering Committee Monthly
- 9. DeKalb Co. Mental Health Collaborative Meetings Monthly

Community Partnerships

- 1. Parenting Assessments, and Court Ordered Visitations
- 2. DeKalb County Drug Court
- 3. School Assistance Program: DeKalb Eastern Schools, Garrett-Keyser-Butler Schools, and DeKalb Central Schools
- 4. On-site NEC Staff at both DeKalb Eastern and Garrett-Keyser-Butler Schools to assist with student mental health concerns.
- 5. Justice Reinvestment Advisory Council (JRAC)
- 6. QPR Suicide Prevention Training (Question, Persuade and Refer)

SUBSTANCE USE DISORDER SERVICES – DEKALB COUNTY

Locations

DeKalb Outpatient Services - 1800 Wesley Road, Auburn, IN 46706 (Adult/Adolescent)

Intensive Outpatient Substance Use Disorder, 1930 East Dowling Street, Kendallville, IN 46755 (Adult)

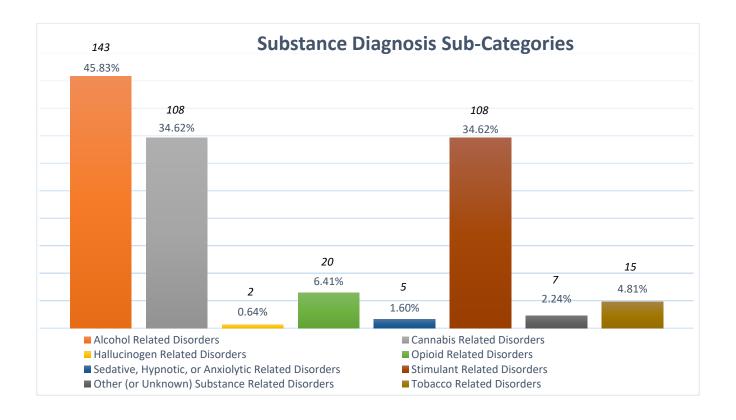
Pioneer Lodge II, 1418 Beckland Drive, Angola, IN 46703 (Adult)

Substance Use Disorder Treatment Provided in DeKalb County

Intermediate Group, Individual Counseling, and Intensive Counseling. Motivational Interviewing and CBT/Cognitive Behavioral Therapy.

The level of care is determined by uniform assessment tools (ANSA for adults, CANS for children/adolescents) and standardized admission criteria policy. Treatment philosophy, principles, and core values incorporate SAMHSA (Substance Abuse and Mental Health Services Administration) and NIDA (National Institute on Drug Abuse) guidelines.

Overall Adult Diagnoses for Substance Use Disorder (SUD)



Services provided to pregnant women and single women with dependent children.

Services to:	DeKalb
Pregnant Women	0
Single women with Dependent Children	11

Northeastern Center, Inc. strives to identify substance use issues during pregnancy to provide early intervention and treatment to women to ensure healthy pregnancies and healthy infants. Without early interventions, the effects of substance use while in utero can cause life-long challenges. Additionally, untreated substance use disorders negatively affect the family unit. To be most effective, providers must be aware of the unique treatment barriers that single women with dependent children may face.

MENTAL HEALTH SERVICES – DEKALB COUNTY

24-Hour Emergency Services: 1-800-790-0118

Locations:

DeKalb Outpatient Services: 1800 Wesley Road, Auburn, IN 46706 (Adult and Adolescent)

Community Health and Outreach, 1752 Wesley Road, Auburn, IN 46706

Inpatient Services, 1850 Wesley Road, Auburn, IN 46706 (Adult)

New Hope Clubhouse, 304 S. Lincoln St., Kendallville, IN 46755 (Adult)

• A psychosocial rehabilitation day program for men and women suffering from mental illness.

Residential Services (Adult)

- 1. Pioneer Lodge I, 409 S. Lincoln St., Kendallville, IN 46755
 - A residence for adults with significant difficulties in daily living due to their mental illness.
- 2. Pioneer Lodge II, 1418 Beckland Drive, Angola, IN 46703
 - A residence for adults with significant daily living challenges due to a mental illness diagnosis combined with a Substance Use Diagnosis.
- 3. Promise House, 119 Dagny Drive, Kendallville, IN 46755
 - A short-term crisis stabilization residence for adults diagnosed with a mental illness.
- 4. Stepping Stone, 311 N. Main Street, Kendallville, IN 46755
 - A transitional home for adults providing a supported living environment.

Mental Health Treatment Services Provided in DeKalb County

DeKalb Outpatient provides individual, conjoint, and family therapy. DeKalb offers the following groups: Adult and Juvenile MRT, Children's, Young Adolescent Teen and Adult (Women's and Men's) DBT groups, Teaching Toddlers, Men's Social Skills group, Women's Empowerment group, and Anger management group. DeKalb Outpatient also conducts supervised visitation and therapeutic supervised visitation for consumers involved with DCS. Case management, ADL training, medication evaluations, and medication management is also provided.

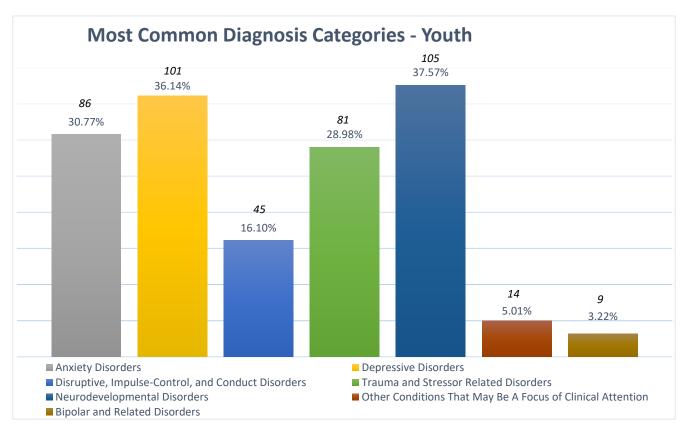
Positive Mental Health Promotion and Suicide Awareness Activities

• QPR Suicide Prevention Training (Question, Persuade and Refer)

Top Diagnosis Categories for Children and Adolescents

There were 279 Children & Adolescents from DeKalb County served with a Mental Health and/or a Substance Use Disorder.

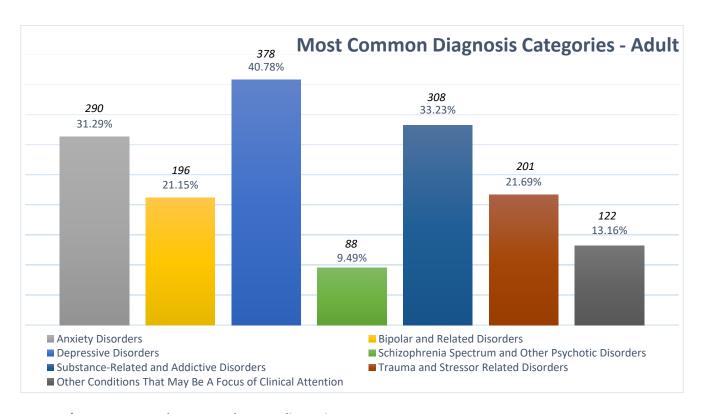
(Consumers may have more than one diagnosis)



^{*}Consumers may have more than one diagnosis

Top Diagnosis Categories for Adults

There were 927 DeKalb residents age 18 & over, served with a Mental Health and/or a Substance Use Disorder.



^{*}Consumers may have more than one diagnosis